

April 2026

St. Michael's Homes Newsletter

No. 1



INSIDE, WE ALSO TALK ABOUT:

Meet the East
Toronto HART Hub

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Message from Executive Director

This is the first edition of our new biannual newsletter, which we will be sending to stakeholders to keep you up to date on changes in our programs and services.

Among the new things in this newsletter are an update on the East Hart Hub. As the co-lead, with our lead agency South Riverdale CHC, St. Michael's Homes is proud to be operating the East Hart Hub Day Program at 688 Coxwell.

This service provides essential care for people living with substance use, homelessness and mental health.

We are also very thrilled to update you on the merger with Haven. Since the merger, we have been able to expand the program via winter time Extended Hours into the evening.

We have also established a partnership with Unity Health and Michael Garron Hospital to provide safe space for homeless people stuck in the emergency department. This provides safe and warm space for people who would otherwise be sitting in a chair in the emergency department all night long.

Please let us know if there is anything you would like to hear about in future editions.

Robin

Expanding Our Reach: Meet the East Toronto HART Hub

Introducing the East Toronto HART Hub

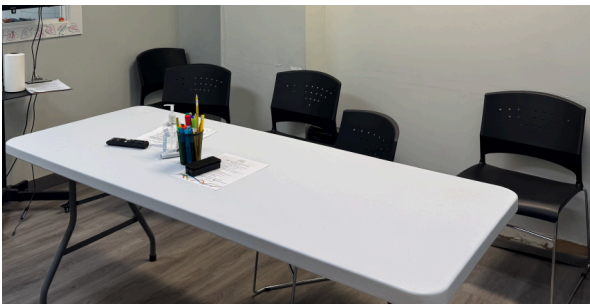
As part of St. Michael's Homes expanding community-based services, we are pleased to introduce the East Toronto HART Hub.

About the Program

Funded by the Government of Ontario, as co-lead on the Hub St. Michael's Homes provides inclusive day programming and support to individuals living with mental health, housing, and substance use challenges.

The HUB is led and supported by community partners including:

- South Riverdale Community Health Centre
- St. Michael's Homes
- Anishnawbe Health Toronto



Hub Group Room

Services Offered

The Hub offers a broad range of services including:

- Voluntary trustee service
- Short- and long-term case management
- Arts, wellness, and discussion-based programming
- On-site access to nursing and primary care
- Housing
- Mental health and substance-use counselling
- Psychotherapy
- Information and referrals to additional community resources
- Support with housing challenges
- Assistance with basic needs



Hub Art Wall

Program Highlights from Haven Toronto

New Program Launch

At Haven Toronto, the Hospital Overflow Program officially launched on January 5 and includes 24 dedicated spaces. Running from 9 p.m. to 7 a.m., seven days a week, the program has been steadily supporting individuals who would otherwise be discharged from hospital emergency departments into homelessness. To date, we've welcomed 80 participants for a total of 270 visits.

Supports Provided

Participants are offered a warm and secure Environment where they can sleep and access meals, emergency clothing, shower and laundry access, and nursing care. We also assist with transportation to follow-up hospital appointments to ensure continuity of care.

Impact Story

One recent example illustrates the impact of this program. A client with a broken pelvis became newly unhoused while undergoing imaging and follow-up appointments at a local hospital.

After each appointment, he was discharged with nowhere to go. With such a significant injury, he was especially vulnerable.

Through a referral to Haven, he was able to rest safely, receive support, and return to his follow-up appointments without disruption. He has since transitioned to longer-term support at a rehabilitation centre.

Early Outcomes

There are already positive effects of this approach. Many individuals without urgent medical needs are now coming directly to Haven instead of accessing hospital emergency services. This not only provides more appropriate support for vulnerable community members, but also helps reduce unnecessary strain on our hospital partners.

Our Place is on the Move!

Our Place Community of Hope, a drop-in program of St. Michael's Homes, will be moving to 170 Jarvis St., to be co-located with Haven Toronto, at the end of May.

The relocation marks an important step in strengthening support for some of the city's most vulnerable community members. By bringing these two communities together, we strive to create greater opportunities for connection, stability, and access to essential services for socially isolated and unhoused individuals.

Both Our Place and Haven are rooted in shared values of dignity, compassion, and inclusion.

This transition reflects a commitment to building a more coordinated and responsive system of care - one that not only meets immediate needs but also fosters a deeper sense of belonging and hope.

Update from the Mid-West Toronto Hart Hub

The Homelessness and Addiction Recovery Treatment (HART) Hub is a multi-disciplinary, collaborative initiative between the Parkdale Queen West Community Health Centre, and 11 partnered organizations, including St. Michael's Homes. Through a “hub and spoke” model, we provide culturally safe and trauma informed services to individuals with complex health and social care needs. Services include primary care and substance use care; mental health care and support services; supportive housing including shelter and transition beds; and social services including peer support, case management, and employment supports.

The St. Michael's Homes Mental Health and Substance Use Counselling-Case Management Program at the Mid-West Toronto Hart Hub had the first client housed for this Hub, through Hub partner Loft Community Services.

Training Highlights January - March 2026

Crisis Intervention & Suicide Prevention Training Update

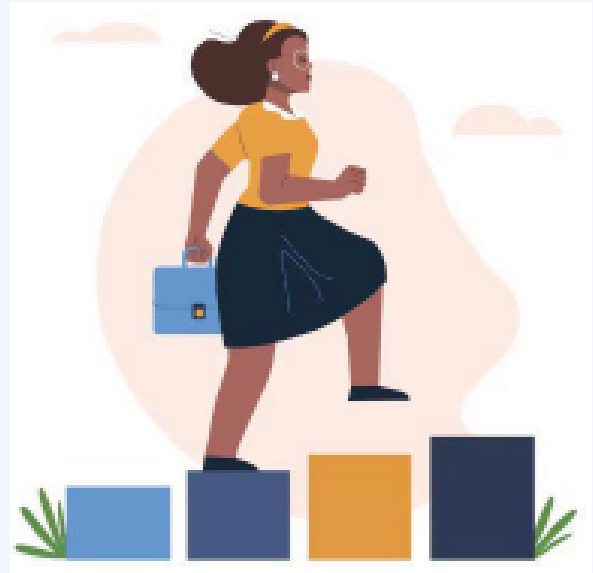
Between January and March 2026, 56 team members received Crisis Intervention Training, and 39 team members completed Applied Suicide Intervention Skills Training (ASIST).

A special thank-you to The Canadian Training Institute (CTI) for partnering with us to deliver five dedicated 2-day training sessions exclusively for our agency.

We look forward to continuing this collaboration as we welcome new team members and support existing staff through upcoming re-certifications.

Professional Registration Renewals

March marks the annual renewal period for the College of Registered Psychotherapists of Ontario (CRPO). This year, eight Registered Psychotherapists on our team are completing their annual registration renewal.



SMHTO

Service Highlights



16,243

Resident
Days in
Transitional
Housing



9,677

Resident
Days in
Treatment



2,546

Psychotherapy
Appointments

OUR PLACE AND HAVEN HIGHLIGHTS (January–March 31, 2026)



OUR PLACE TOTAL MEALS SERVED:
3,104



HAVEN TOTAL MEALS SERVED:
27,483



HAVEN NURSING VISITS:
510

EAST TORONTO HART HUB HIGHLIGHTS



UNIQUE
CLIENTS
SERVED:
450



GROUP
SESSIONS:
370



CLIENTS WHO
RECEIVED
HOUSING
THROUGH
SMHTO:
18

Upcoming Events



Expanded Hours - East Toronto Hart Hub

Evening hours are now available Tuesday–Thursday from 5:00–6:30 p.m., along with full Saturday hours, increasing access for individuals who benefit from extended service times.



Milestones

April marks one year since the East Toronto HART Hub first opened its doors, representing a full year of growth, partnership, and meaningful community impact.

April is also the one-year anniversary of the merger between St. Michael's Homes and Haven Toronto. This merger allowed St. Michael's and Haven to more effectively fulfill their missions of providing community mental health and addiction services to homeless and marginally housed, elder men.

On Wednesday, March 11th, we recognized Tom Brown, a longtime volunteer who has contributed more than ten years of service to our meals program, by naming him a Haven Toronto Community Ambassador.

Thank you!

Our gratitude goes out to everyone who has made this work possible. None of our programs could succeed without your continued support.

A heartfelt thank you to Catholic Charities of the Archdiocese of Toronto and the ShareLife campaign, Ontario Health, the Ontario Ministry of Health and Long-Term Care, and the Ontario Lottery and Gaming Corporation for your ongoing commitment.

Special thanks are extended to our individual donors and to those who support the ShareLife campaign—your contributions make a meaningful difference in the quality and reach of our programs.

To the many people who participate in fundraising activities, your dedication and support are truly appreciated.

Stay Connected!

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Annual Report: <https://www.stmichaelshomes.org/annual-report-1>